

Kabbalah and New Life Wisdom

The Zohar ("Book of Splendor") - Shemot ("Names") (40) "*Before the day cools*"

293. א"ר יוסי, עתיד קודשא בריך הוא לאתגלויא בירושלם דלתתא, ולדכא יתה מטוּפּי עממיא, עד
דלא אשתלים ההוא יומא דאמיז. דא"ר ווייא, לית שולטנו לאומין עליהו דישראל, אלא יומא וזדא
לוזוד, דהוא יומו על הקודשא בריך הוא, והוא אקף עינים. הה"ד, נתני שוממה כל היום דזה. יומא וז
לוזוד, וקא יתיר.

293. Rabbi Yosi said, The Holy One, blessed be He, will eventually be revealed in terrestrial Jerusalem, and purify it from the filth of the nations, before that day of the nations is complete. For Rabbi Chiya said, The dominion of the nations over Yisrael lasts only one day, and that is the day of the Holy One, blessed be He, which is one thousand years long. This is what is written, "*He has made me desolate and faint all the day*" (*Eichah 1:13*), meaning one day only, and no more.

294. א"ר יוסי, אי יתיר ישתעבדון, לא על פום גזרת מלכא הוא, אלא על דלא בעיין לבניהדר לקבליה,
וכתיב והיה כי יבוא עליך כל הדברים האלה וגו', וכתוב, אם יהיה נדוּך בקצה העמים משם יקבצך
וְגו'.

294. Rabbi Yosi said, If they are subjugated more than one thousand years, it is not because of the decree of the King, but rather because they do not wish to return IN REPENTANCE before Him. And it is written, "*And it shall be when all these things come upon you... THEN YOU WILL RETURN TO HASHEM YOUR ELOHIM*" (*Devarim 30:1-2*), and, "*If your outcasts be at the utmost part of heaven, from there will Hashem gather you...*" (*Ibid. :4*).

~Reflections from zohar.com/

Often, we know that a particular behavior is positive and beneficial to our life. Nevertheless, another voice inside us persuades us to avoid it and procrastinate. Likewise, we are all-too-often aware that a certain behavior is extremely detrimental. We routinely vow not to engage in such actions. Yet these same voices compel us into the misdeed, even though we do not really want to.

When we allow our negative and wicked impulses to rule over our own positive traits and good intentions, the nations of the world are empowered, measure for measure, to rule over Yisrael. Meditating with deep conviction on the words presented here shakes and dislodges all the disobedient impulses that govern our daily behavior. We stir repentance in our hearts for all our iniquities caused by these negative traits. Genuine repentance and deep remorse are unimaginably powerful forces; and through them, we now achieve our final purification and correction. Our soul achieves dominion over our lives. In turn, Yisrael is purified with great mercy and is empowered so that her relationship with the other nations of the world is strengthened, founded upon unconditional mutual love and respect. Permanent world peace is achieved through our spiritual actions performed here, for they have infinitely more power and might than the military or political actions that take place in the physical realm.